## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)																
1. Name and Address of Reporting Person* Follmann Christian				2. Issuer Name and Ticker or Trading Symbol Hercules Capital, Inc. [HTGC]							mbol		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)Director 10% Owner					
(Last) (First) (Middle) C/O HERCULES CAPITAL, INC., 400 HAMILTON AVENUE, SUITE 310				3. Date of Earliest Transaction (Month/Day/Year) 03/16/2022							y/Year)		X Officer (give title below) Other (specify below)  Chief Operating Officer					
(Street) PALO ALTO, CA 94301				4. If Amendment, Date Original Filed(Month/Day/Year)							h/Day/Year)		6. Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City		(State)	(Zip)		Table I - Non-Derivative Securities Acqu						ired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Year)			Execution Date, if			` '			Disposed of (D) 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership				
		(World Bay Tear)		Car)	Со	de	V	Amoun	(A) or (D)	Price	(msu. 3 a	511. 3 and 4)		or Indirect (I) (Instr. 4)				
Restricted Stock Units 03/16/2022						Α	1		12 (1)	A	\$ 17.12	425			D			
Restricted Stock Units 03/16/2022						Γ	)		10 (2)	D	\$ 17.12	415			D			
Common Stock 03/16/2022						Α	1		10 (3)	A	\$ 17.12	49,055			D			
Common Stock 03/16/2022						F	7		4 (4)	D	\$ 17.12	49,051			D			
Common Stock 03/16/2022						Α	1		167 <u>(5</u>	0 A	\$ 17.17	49,218			D			
Reminder:	Report on a s	eparate line fo	or each class of secu	rities ben	eficiall	y ow	ned d		-			nd to t	the collec	ction of in	formation	SEC	2 1474 (9-02)	
									cont	ained i	n this fo	rm are	not requ	uired to res	spond unle	ess	,	
			Table II -										ly Owned					
1. Title of Derivative Security (Instr. 3)	Conversion	onversion   Date   Execution I   Exercise   (Month/Day/Year)   any   (Month/Day   erivative   Execution I   I   Executio		(A) or Dispo of (D		Number of Deriva Security Acquire (A) or Disposof (D) Instr.	er ative ties red sed	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Ti Amo Undo Secu	tle and ount of erlying rrities r. 3 and		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owner Form of Derivation Securit Direction	Ownersh (y: (Instr. 4) (D) rect			
					С	ode	V	(A)	(D)	Date Exer	cisable	Expiration Date	Title	Amount or Number of Shares				

#### **Reporting Owners**

	Relationships					
	Director	10% Owner	Officer	Other		
Reporting Owner Name / Address						

Follmann Christian C/O HERCULES CAPITAL, INC. 400 HAMILTON AVENUE, SUITE 310 PALO ALTO, CA 94301		Chief Operating Officer	

### **Signatures**

/s /Eileen Bagarella, Attorney-in-Fact for Christian Follmann	03/18/2022	
**Signature of Reporting Person	Date	

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents dividend equivalent shares received on March 16, 2022.
- (2) Represents released dividend equivalent shares converted to Hercules Capital, Inc. common stock on March 16, 2022.
- (3) Represents Hercules, Inc. common stock received from vested dividend equivalent shares on March 16, 2022.
- (4) Represents Hercules, Inc. common stock withheld to pay taxes applicable to the vesting of dividend equivalent shares on March 16, 2022.
- (5) Shares acquired through the Hercules Capital, Inc. Dividend Reinvestment Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.