FORM 4

### **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

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|--------------------------|-----------|
| Estimated average burden |           |
| hours per response:      | 0.5       |

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address Follmann Chri | of Reporting Person* Stian             |                | 2. Issuer Name and Ticker or Trading Symbol Hercules Capital, Inc. [ HTGC ] | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  X Officer (give title Other (specify |  |                     |  |  |
|-----------------------------------|--|----------------|---|---|--|---------------------|--|--|
| (Last) C/O HERCULES 400 HAMILTON  | (First) CAPITAL, INC. AVENUE, SUITE 31 | (Middle)       | 3. Date of Earliest Transaction (Month/Day/Year) 01/09/2024                 |   | Chief Operating  | below)<br>( Officer |  |  |
| (Street) PALO ALTO (City)         | CA (State)                             | 94301<br>(Zip) | 4. If Amendment, Date of Original Filed (Month/Day/Year)                    | 6. Indivi   | dual or Joint/Group Filing (C<br>Form filed by One Report<br>Form filed by More than C | ing Person          |  |  |

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 3.<br>Transac<br>Code (li<br>8) |   | 4. Securities Ac<br>Disposed Of (D) |               |        | Securities       | 6. Ownership<br>Form: Direct (D)<br>or Indirect (I)<br>(Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
|---------------------------------|--|---|---------------------------------|---|-------------------------------------|---------------|--------|------------------|---|---|
|                                 |  |   | Code                            | v | Amount                              | (A) or<br>(D) | Price  | (Instr. 3 and 4) |   | (11150.4)   |
| Common Stock                    | 01/09/2024                                 |   | A                               |   | 32,184(1)                           | A             | \$17.4 | 103,208          | D   |   |

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security (Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transac<br>Code (li<br>8) |   | 5. Numl<br>Derivati<br>Securiti<br>Acquire<br>or Disp<br>(D) (Ins<br>and 5) | ive<br>ies<br>ed (A)<br>osed of | 6. Date Exerc<br>Expiration Da<br>(Month/Day/) | ate                | 7. Title and Ai<br>Securities Un<br>Derivative Se<br>3 and 4) | derlying                         | Derivative | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s) | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|--|---|--|---|---------------------------------|---|---|---------------------------------|--|--------------------|---|----------------------------------|------------|--|--|--|
|  |   |  |   | Code                            | v | (A)   | (D)                             | Date<br>Exercisable                            | Expiration<br>Date | Title   | Amount or<br>Number of<br>Shares |            | (Instr. 4)   |  |  |

## Explanation of Responses:

### Remarks:

/s /Eileen Bagarella, Attorney-in-Fact for Christian Follmann

01/10/2024

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>1.</sup> Restricted stock issued as a grant pursuant to the Amended and Restated Equity Incentive Plan and subject to forfeiture restrictions of one-third vesting on the one year anniversary of the grant date followed by quarterly vesting over the following 24 months.