FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1 Name and	e Responses	- /													
Name and Address of Reporting Person* Foster Carol L			2. Issuer Name and Ticker or Trading Symbol Hercules Capital, Inc. [HTGC]						:	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)XDirector10% Owner					
(Last) (First) (Middle) C/O HERCULES CAPITAL, INC., 400 HAMILTON AVENUE SUITE 310			3. Date of Earliest Transaction (Month/Day/Year) 03/27/2019						Office	er (give title belo	ow)	Other (specify l	elow)		
PALO AI	CTO. CA	(Street) 94301		4. If Amendme	ent, D	ate Origi	nal Filed	(Month/Da	ay/Year)		_X_ Form fil	ed by One Repo	Group Filing orting Person one Reporting		ole Line)
(City)		(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially O					Owned						
1.Title of Security (Instr. 3)		D	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date any	e, if (3. Transa Code (Instr. 8)	(A	4. Securities Acquired (A) or Disposed of (D (Instr. 3, 4 and 5)		of (D)	Beneficia Reported	nt of Securities ally Owned Following I Transaction(s)		6. Ownership Form:	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				(Month/Day/Ye	ear)	Code	V A		(A) or (D) I	Price	o. (I		Direct (D) or Indirect (I) (Instr. 4)		
Common	Stock	03	3/27/2019			A	3,	446 A	A \$	2.44	3,446			D	
													formation		1474 (9-02)
				Derivative Secu		s Acquire	contair the for ed, Disp	ed in the median display	his fordays a co	m are currer eficiall	not requ itly valid	uired to res OMB con	spond unle	ss	14/4 (9-02)
(Instr. 3)		3. Transaction Date (Month/Day/Yea	3A. Deemed Execution Da	Derivative Secu e.g., puts, calls, 4. Transactic Code Year) (Instr. 8)	5. Non Of Do See Al (A) Of (In	s Acquire rants, op	ed, Dispetions, co	ed in the median display	his formal ays a construction or Bendere able Date	m are currer eficiall rities) 7. Ti Amo Unde Secu	not required the not required to the and count of earlying	OMB conf	spond unle	of 10. Owners Form of Derivat: Security Direct (or Indir	11. Natur of Indire Beneficit Ownersh (Instr. 4)

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Foster Carol L C/O HERCULES CAPITAL, INC. 400 HAMILTON AVENUE SUITE 310 PALO ALTO, CA 94301	X					

Signatures

/s/ Melanie Grace, Attorney-in-fact for Carol L. Foster	03/28/2019
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock granted as an automatic grant upon election to the board of directors pursuant to the 2018 Non-employee Director Plan

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.