UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)																
1. Name and Address of Reporting Person* Foster Carol L				2. Issuer Name and Ticker or Trading Symbol Hercules Capital, Inc. [HTGC]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X_Director 10% Owner						
(Last) (First) (Middle) C/O HERCULES CAPITAL, INC., 400 HAMILTON AVENUE SUITE 310				3. Date of Earliest Transaction (Month/Day/Year) 06/12/2020							-	Office	r (give title belo	ow)	Other	(specify bel	ow)	
(Street) PALO ALTO, CA 94301				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City	(City) (State) (Zip)				Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned													
1.Title of Security (Instr. 3)		Γ	2. Transaction Date (Month/Day/Year)		Deemed ution Date,	if	(Instr. 8)		4. Securities Acqu (A) or Disposed or (Instr. 3, 4 and 5)		d of (E	Benefici Reported		ant of Securities ally Owned Following d Transaction(s)		For	nership o m: I	7. Nature of Indirect Beneficial Ownership
				(Mor	nth/Day/Yea	ar)	Code	V	Amour	(A) or (D)	Pric		instr. 3 a	3 and 4)		or II	Indirect (Instr. 4)	
Common Stock 06/12/		06/12/2020				A		5,499 (1)	A	\$ 10.91	91 1	12,073			D			
			Table II - I					the ed, D	tained i form di Disposed	in this fo splays a of, or Be	orm a a curi	are r rent	not requ tly valid		formation spond unle trol numbe		SEC 1	474 (9-02)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date	4. Transaction Code Year) (Instr. 8)		5. n N o: D S: A (// D o: (I	Jumber	6. I and (Mo	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. A U: Se (Ii	7. Title and Amount of Underlying Securities (Instr. 3 and 4)			9. Number o Derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	y I S I I I I I I I I I I I I I I I I I	10. Ownershi Form of Derivativ Security: Direct (D or Indirec (I) (Instr. 4)	(Instr. 4)
					Code V	7 ((A) (D)	Dat Exe	Expiration Date		ion Ti	itle	Amount or Number of Shares					
Renor	ting ()	wners																

Keporung Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Foster Carol L C/O HERCULES CAPITAL, INC. 400 HAMILTON AVENUE SUITE 310 PALO ALTO, CA 94301	X					

Signatures

/s/ Melanie Grace, Attorney-in-fact for Carol L. Foster	06/16/2020		
Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted Stock issued as an automatic grant upon re-election to the board of directors pursuant to the 2018 Non-Employee Director Plan and subject to forfeiture restrictions. One-third vests on the anniversary of the grant over three years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.