

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL				
OMB Number:	3235-0104			
Estimated average	e burden			
nours per respons	e 0.5			

### INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)									
1. Name and Address of Reporting Person* Follmann Christian	2. Date of Event Requiring Statement (Month/Day/Year)  — 02/01/2022			3. Issuer Name and Ticker or Trading Symbol Hercules Capital, Inc. [HTGC]					
(Last) (First) (Middle) C/O HERCULES CAPITAL, INC., 400 HAMILTON AVENUE, SUITE 310				4. Relationship of Reporting Person(s  Issuer  (Check all applicable)  Director  X Officer (give title below)  Chief Operating Officer		Filed(Month/Day/Year)			
PALO ALTO, CA 94301						6. Individed Applicable   X Form	vidual or Joint/Group Filing(Check le Line) n filed by One Reporting Person I filed by More than One Reporting Person		
(City) (State) (Zip)		Table I - Non-Der			- Non-Derivat	ative Securities Beneficially Owned			
1.Title of Security (Instr. 4)		Be		nt of Sec ally Own		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indir (Instr. 5)	ect Beneficial Ownership	
Common Stock	49,045 (1)		(1)		D				
Restricted Stock Units 413 (2)			D						
Common Stock 350			50		I	By Spouse			
Reminder: Report on a separate line for each class of Persons who respond unless the form display.	d to the co ays a curr	ollection of rently vali	of info d OM	ormatio B cont	n contained in trol number.		·		
1. Title of Derivative Security (Instr. 4)  2. Date Exercisable and Expiration Date (Month/Day/Year)		cisable on Date	3. Title and Amount of		mount of	4. Conversion or Exercise Price of Derivative	5. Ownership Form of Derivative Security: Direct	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
	ate xercisable	Expiration Date	Title	Amoun Shares	t or Number of	Security	(D) or Indirect (I) (Instr. 5)		
Reporting Owners									

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
Follmann Christian C/O HERCULES CAPITAL, INC. 400 HAMILTON AVENUE, SUITE 310 PALO ALTO, CA 94301			Chief Operating Officer		

# **Signatures**

/s /Eileen Bagarella, Attorney-in-Fact for Christian Follmann		02/02/2022
**Signature of Reporting Person		Date

## **Explanation of Responses:**

- If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Includes 4,830 shares of unvested restricted stock from a previous grant of 14,488 shares granted on January 13, 2020, 9,596 shares of unvested restricted stock from a (1) previous grant of 14,393 shares granted on January 12, 2021 and 14,286 shares of unvested restricted stock from a previous grant of 14,286 shares granted on January 11, 2022 issued under the 2018 Amended Equity Incentive Plan. Each grant vests as to one third of the shares upon the first anniversary of the grant date followed by equal quarterly vestings over two years.
- Unvested restricted stock units and dividend equivalent shares from a previous grant of 4,000 shares granted on April 24, 2019 issued under the 2018 Amended Equity (2) Incentive Plan that vests as to one third of the shares upon the first anniversary of the grant date followed by equal quarterly vestings over two years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.